



महाराष्ट्र MAHARASHTRA

2019

VG 995769

भारत स्टॅम्प विक्रय ठकाण मोखाडा  
24/15 किंमत 100/- ता. 30 NOV 2021

Principal  
Arts, Science & Com. College  
Mokhada, Dist. Palghar  
लायसन्स क्र. 2/1999

स्टॅम्प वंडर  
श्री. डि. के. पाटील  
मोखाडा, ता. मोखाडा



SUB TREASURER OFFICE  
MOKHADA

16 SEP 2021



Rayat Shikshan Sanstha's  
Arts, Science & Commerce College, Mokhada, Palghar-401604.

Email: [asccmokhada@gmail.com](mailto:asccmokhada@gmail.com)

Website: [www.asccmokhada.co.in](http://www.asccmokhada.co.in)

NAAC accredited 'B' grade

Affiliated to University of Mumbai, Mumbai

MEMORANDUM OF UNDERSTANDING

BETWEEN

ARTS, SCIENCE AND COMMERCE COLLEGE, MOKHADA

DIST- PALGHAR-403604

AND

SNEHANGAN REHABILITATION & MENTAL HEALTH CENTER,  
HINDUSTAN NAGAR-1, ADGAON SAYYED PIMPRI ROAD, ADGAON

NASHIK-422003

**Duration and Termination Clause:**

The duration of this MOU will be for the period of **five** years. The MOU can be extended for further period with same or mutually agreed terms. **ASC College Mokhada Snehangan Rehabilitation & Mental Health Center** retain the right to terminate this MOU after one year from the date of signing it.

Entered on Wednesday and date 01/12/2021 at 1 pm

Signed by:



**Prof. Dr. L. D. Bhor**  
Principal,

Arts, Science and Commerce College,  
Mokhada, Dist-Palghar  
Maharashtra, 403604

For.

**Mehesh Sanjay Shelar,**  
Clinical Psychologist

**Snehangan Rehabilitation & Mental  
Health Center, Hindustan Nagar-1,  
Adgaon Sayyed Pimpri Road, Adgaon  
Nashik-422003**

Witness: 1) *Mr. R. A. Kawale*

Snehangan Rehabilitation &  
Mental Health Center, Nashik

Witness: 2) *Dr. Jadhav S.H.*

Rayat Shhikshhan sanstha's  
**Arts, Science and Commerce College Mokhada, Dist- palghar**

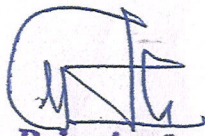
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Date-14/03/2022

## Notice

All the faculty members of the college are hereby informed that student counselling cell, Department of Chemistry in association with IQAC organizes a workshop on 17/03/2022 at 11.00 am on the topic "**De-addiction and Stress Management**". The workshop has organized in online mode through Google Meet platform. All faculty members are requested to join the workshop in time.



  
**Principal**  
Arts, Science & Com. College  
Mokhada, Dist. Palghar

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**Rayat Shikshan sanstha's**  
**Arts, Science and Commerce College Mokhada, Dist- palghar**

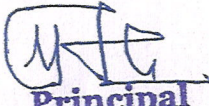
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**Date-14/03/2022**

**Notice**

All the students and faculty members of the college are hereby informed that student counselling cell, Department of Chemistry in association with IQAC organizes a workshop on **17/03/2022 at 11.00 am** on the topic "**De-addiction and Stress Management**". The workshop has organized in online mode through Google Meet platform. Link of the workshop will be give on whatsapp group. All students and faculty members are requested to join the workshop in time.



  
**Principal**  
Arts, Science & Com. College  
Mokhada, Dist. Palghar



Rayat Shikshan Sanstha's  
**Arts, Science & Commerce College, Mokhada, Palghar-401604.**  
Email: [asccmokhada@gmail.com](mailto:asccmokhada@gmail.com)  
Website: [www.asccmokhada.co.in](http://www.asccmokhada.co.in) NAAC Accredited 'B' grade  
Affiliated to University of Mumbai, Mumbai

**Career Guidance and Department of Chemistry in association with Internal Quality Assurance Cell**  
**Report of Event/Programme (2021-2022)**

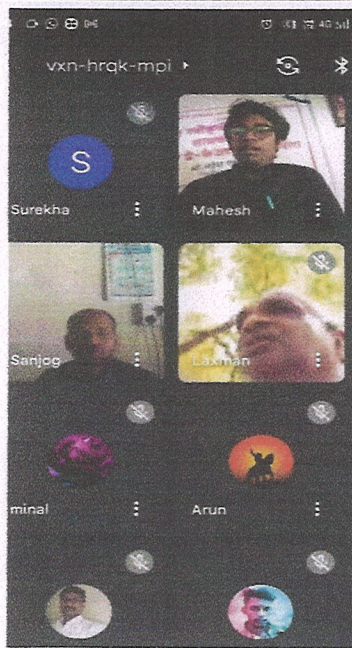
<b>Name of the Department/ Committee</b>	Student Counselling Cell
<b>Name of the Chairman</b>	Mr. R. A. Kawale
<b>Title of the Event/ Programme</b>	De-addiction and Stress Management
<b>Date /Period of Event/ Programme</b>	Thursday, 17 <sup>th</sup> March, 2022 at 11:00 am (IST)
<b>Name of the Speaker</b>	Mr. Shelar M. S.
<b>Objective of the event/Programme</b>	To create awareness about de-addiction among staff and students
<b>Sponsored Agency /Institute</b>	Arts, Science and Commerce College, Mokhada, Dist: Palghar
<b>Total No. of the Participant</b>	71
<b>Name of the President</b> (With Designation, Contact, Address & email etc.)	Prin. Dr. L. D. Bhor Arts, Science and Commerce College, Mokhada, Dist: Palghar
<b>Venue of the Event/ Programme</b>	Arts, Science and Commerce College, Mokhada, Dist: Palghar
<b>Program Outcome</b>	Awareness created about de-addiction among staff and students
<b>Anchor</b>	Mr. S. R. Vhande

Student Counselling cell and Department of Chemistry of ASC college Mokhada in association with IQAC jointly organized One Day National Online Workshop on "**De-addiction and Stress Management**" on 17th March, 2022. Mr. Shelar M. S. Clinical psychologist, Snehan Rehabilitation and Mental Health Center, Sukenkar Len, Panchavati, Nashik., Dist- Nashik, Maharashtra was the resource person for this workshop. Mr. Shelar M. S. delivered online talk on De-addiction and Stress Management. Prof. R. A. Kawale, (Convener of the workshop) introduced the resource person as well as the theme of the workshop. Prin. Dr. L. D. Bhor, delivered presidential speech in the workshop. Dr. V. B. Gade (Coordinator of workshop) expressed the vote of thanks. Total 71 participants were attended this online workshop.

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Rayat Shikshan Sanstha's  
**Arts, Science & Commerce College, Mokhada, Palghar-401604.**  
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 Affiliated to University of Mumbai, Mumbai



**Mr. Shelar M. S. Presenting his thought about De-addiction and Stress Management**

**Mr. R. A. Kawale**  
 Chairman Student Counselling cell

**Dr. A. N. Chandore**  
 IQAC, Coordinator

**Dr. L. D. Bhor**  
 Principal



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**“Education through self-help is our motto” - Karmaveer”**  
Rayat Shikshan Sanstha's  
**Arts, Science & Commerce College, Mokhada, Dist.  
Palghar-401604 (Maharashtra), India  
(Affiliated to University of Mumbai, Mumbai)**



**Career Counselling Cell and Department of  
Chemistry in Association with IQAC Jointly  
Organizes a Webinar  
On**

## **“De-addiction and Stress Management”**

**(Thursday, 17<sup>th</sup> March, 2022 at 11:00 am (IST))**

### **Resource Person**

**Mr. Shelar M. S.**

*Clinical psychologist  
Snehangan Rehabilitation and Mental Health Center,  
Sukenkar Len, Panchavati, Nashik.  
Dist- Nashik*

**Dr. V. B. Gade**  
Coordinator

**Mr. S. R. Vhande**  
Co-Coordinator

**Mr. R. A. Kawale**  
Convener

**Dr. A. N. Chandore**  
IQAC Coordinator

**Dr. L. D. Bhor**  
Principal



Rayat Shikshan Sanstha's

Arts, Science and Commerce College Mokhada, Dist-Palghar

Student Counselling Cell and Department of Chemistry in Association with  
IQAC Jointly Organize a Workshop

On

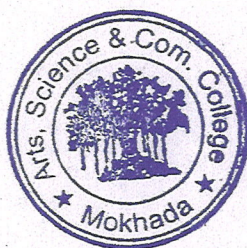
**"De-addiction and Stress Management"**

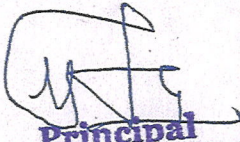
**Program Schedule**

**Date-17/03/2022**

**Time-11.00 am**

- 
- Introduction** - Mr. Kawale R. A.  
**Speaker** - Prof. Shelar M. S.  
**Subject** - **"De-addiction and Stress Management"**  
**President** - Hon. Principal Dr. L. D. Bhor  
**Vote of thanks** - Dr. Gade V. B.  
**Anchor** - Mr. Vhande S. R.



  
**Principal**  
Arts, Science & Com. College  
Mokhada, Dist. Palghar





# ARTS, SCIENCE & COMMERCE COLLEGE, MOKHADA.

Estd. : June - 1984

(Higher Secondary Vocational Course - J. 18. 02. 901)

NAAC Accredited - 'B' Grade

Founder - Padmabhushan Dr. Karmaveer Bhaurao Patil (D.Litt.)

Principal

**Dr. L. D. Bhor**

(M.Com., M.Phil., Ph.D.)

Ref. No. : 807/2021-22

Date : 16/03/2022

## INVITATION LETTER

To,

Mr. Shelar M. S.  
Clinical psychologist  
Snehanagar Rehabilitation and Mental Health Center,  
Sukenkar Len, Panchavati, Nashik.  
Dist- Nashik

**Sub:** Invitation as guest speaker for the Workshop on the topic “**De-addiction and Stress Management**”

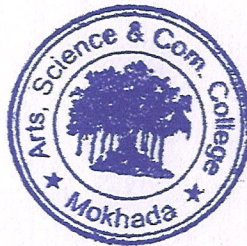
Respected sir,

It is my immense pleasure and honour to invite you as guest speaker to deliver a lecture on the topic “**De-addiction and Stress Management**” on 17<sup>th</sup> March 2022 (Thursday), at 11:00 am.

Kindly accept the invitation and oblige.

Thanking you!

Yours sincerely



Principal  
Arts, Science & Com. College  
Mokhada, Dist. Palghar

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# ARTS, SCIENCE & COMMERCE COLLEGE, MOKHADA.

Estd. : June - 1984

(Higher Secondary Vocational Course - J. 18. 02. 901)

NAAC Accredited - 'B' Grade

Founder - Padmabhushan Dr. Karmaveer Bhaurao Patil (D.Litt.)

Principal

**Dr. L. D. Bhor**  
(M.Com., M.Phil., Ph.D.)

Ref. No. : समझ

Date : 17/03/2022

## Appreciation Letter

To,

Mr. Shelar M. S.  
Clinical psychologist  
Snehangar Rehabilitation and Mental Health Center,  
Sukenkar Len, Panchavati, Nashik.  
Dist- Nashhik

Respected Sir,

Arts, Science and Commerce College Mokhada, would like to thank you for taking part in the workshop as a resource person. You delivered a talk on "**De-addiction and Stress Management**" organized by Department of Career Guidance Cell and Department of Chemistry in Association with IQAC, Arts, Science and Commerce College Mokhada on Thursday, 17<sup>th</sup> March 2022 for the benefits of our college students. It was an honour to have you as a resource person for the webinar.

We believe that the knowledge you shared during the webinar will help immensely to make aware about career opportunities to the students. We know your time is precious and we are grateful as you shared some of it with us. We look forward to your participation in future events.

Thanking You!

Your sincerely

**Principal**  
Arts, Science & Com. College  
Mokhada, Dist. Palghar



**Rayat Shikshan Sanstha's**  
**Arts, Science and Commerce College Mokhada, Dist-Palghar**  
Student Counselling Cell and Department of Chemistry in Association with IQAC  
Jointly Organize a Workshop  
On  
**"De-addiction and Stress Management"**

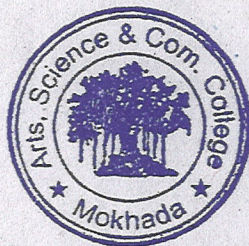
**Attendance (Online)**

**Date-17/03/2022**

Sr. No.	Full Name	Class/ Department	Mobile Number
1)	Ketan Laxman Gadge	F.Y.B.Sc.	7499897053
2)	Jabar Tushar Somnath	S.Y.B.Sc.	7620018793
3)	Dr. Y. H. Ulvekar	Department of Economics	95948009904
4)	Mr.Kuvra Sanjay Bhau	T.Y.B.Sc.	8552051305
5)	Devashree Santosh Randive	T.Y.B.Sc.	917741880106
6)	Jyotika bhagwan warghade	S.Y.B.Sc.	7666846357
7)	Rahul Parshuram Zole	F.Y.B.Sc.	7820930575
8)	Sangharatna Tayade	Department of Botany	9158039675
9)	KIRAN KASHINATH PARDHI	Department of zoology	9370337825
10)	Lahare pravina dattu	T.Y.B.Sc.	9356596467
11)	Santosh Gangaram Mengal	Department of commerce	7387947069
12)	Topale Yogesh Kisan	T.Y.B.Sc.	7756931041
13)	Kanhat kunal suresh	S.Y.B.Sc.	7020556115
14)	Akshay Ramesh Dhodade	F.Y.B.Sc.	8208515704
15)	Vartha sunita kamalakar	F.Y.B.Sc.	9326241255
16)	Wagh yamini HIRAMAN	S.Y.B.Sc.	7249557448
17)	Funde Subhash Ajinath	Department of Physics	8459837356
18)	Sunil kisan lakhani	F.Y.B.Sc.	9552161541
19)	Jadhav sunaina badelal	S.Y.B.Sc.	7385233499
20)	Gavali Harshala Suresh	S.Y.B.Sc.	7875015818
21)	Yogesh Bhalchandra Warghade	S.Y.B.Sc.	7758920987
22)	Dhum Nilesh vasant	F.Y.B.Sc.	8080211635
23)	Megha Shankar shinde	Department of	8698150354

		Chemistry	
24)	Rajendra Hari Lachake	F.Y.B.Sc.	9356618055
25)	Patil Sakshi Sanjay	S.Y.B.Sc.	8956232374
26)	Mahale Subhash Krushna	F.Y.B.Sc.	7769897934
27)	BARAT DEVRAJ SURESH	S.Y.B.Sc.	9699181492
28)	VISHWAS GANPAT CHOTHE	Department of commerce	8459854244
29)	Hritik Sunil bhat	F.Y.B.Sc.	9075526335
30)	Pravin budhar	F.Y.B.Sc.	7264997105
31)	Mr. Mahendra Ramchandra Khambait	Department of Economics	9158580358
32)	Poonam rajaram patil	T.Y.B.Sc.	9604743709
33)	Shyam Prakash Bhusare	F.Y.B.Sc.	7972364306
34)	Nadage shivram sonya	Department of Physics	9322375601
35)	Patil Harshada Janardan	F.Y.B.Sc.	8767157261
36)	Manoj ramdas sarakte	F.Y.B.Sc.	9322633487
37)	Surekha Suresh Gimbhal	F.Y.B.Sc.	8080462108
38)	Maule jayshree Arjun	T.Y.B.Sc.	8554805939
39)	Amol Ramdas Thalekar	F.Y.B.Sc.	8329015798
40)	Warghade vaishali kashinath	Department of zoology	9673853849
41)	Dr. Shilpa Kumar Pawar	Department of zoology	9860687851
42)	Shankar Karbhari Vitnor	Department of Physics	9922834539
43)	Dr. Vilas Bhausaheb Gade	Department of Chemistry	9665022365
44)	Manoj kashinath burange	department of Mathematics	9021504745
45)	Rahul chandrakant maule	S.Y.B.Sc.	9766947372
46)	Trupti Babulal Gond	F.Y.B.Sc.	7863896047
47)	Sudarshan shankar khale	T.Y.B.Sc.	9145011174
48)	MAHALE SUNIL POPAT	T.Y.B.Sc.	7620238701
49)	Bagul chetan sakharam	Department of zoology	8552825549
50)	Pawar Harshada Devram	F.Y.B.Sc.	9699223165
51)	Pawar Harshada Deveam	F.Y.B.Sc.	9699223165
52)	Akash keshav Bagul	department of Mathematics	9765380186

53)	Zeba mustak memon	F.Y.B.Sc.	9970184284
54)	Sujit Ramesh Govind	S.Y.B.Sc.	9022804491
55)	Satpute karan manohar	Department of Botany	7276171553
56)	Damage Sachin Keshav	Department of commerce	7276736616
57)	nilesh rajaram navale	T.Y.B.Sc.	9309415756
58)	Swapnil shankar khale	F.Y.B.Sc.	8600112175
59)	Pithole jagdish suresh	S.Y.B.Sc.	8007504910
60)	Prakash Hema Bhasme	F.Y.B.Sc.	9699721236
61)	Dinesh mukunda bhasme	F.Y.B.Sc.	8468918629
62)	Prin. Dr. Bhor Laxman Daji.	Department of commerce	9421479220
63)	Sandip jayram warghade	F.Y.B.Sc.	8459816017
64)	Sujit devchand patil	F.Y.B.Sc.	9699410545knowledge
65)	Rahul bharatsingh padavi	F.Y.B.Sc.	9699306346
66)	Ashvini laxman Khutade	F.Y.B.Sc.	8010486851
67)	Sandip narayan padher	Department of Chemistry	9370875109
68)	Sandesh Rajaram maule	Department of Botany	7507979889
69)	Dr. Ayaj Ladlesaheb Shaikh	Department of zoology	9921084587/
70)	Sachin lahanu bhovar	F.Y.B.Sc.	7822944529
71)	Sudam babu neval	F.Y.B.Sc.	7499082857



hee<sup>d</sup>  
**Head / विभागप्रमुख**  
 Department of Chemistry / रसायनशास्त्र विभाग